

# simply the best

south florida + life + style

**MUST-GIVE  
GIFTS  
FOR MOMS  
& DADS**

**BEACH  
BEAUTY**

**Expert Tips and  
Product Picks**

**SOUTH FLORIDA**

Mindful Organics, a South Florida-based "holistic wellness company established to educate and help people understand the world of organics, and encourage them to live to their fullest potential through a more natural, holistic approach to food," now offers a delicious line of baking mixes for the conscious epicurean. Made with all natural and organic ingredients, as well as the added benefits of omega 3's, anti-oxidants and vitamins, GinnyBakes ([ginnybakes.com](http://ginnybakes.com)) includes a standard line of staples, as well



**WINTER  
STYLE**



as limited edition, seasonal mixes. Choose from delectable flavor combinations such as Chocolate Chip Cherry Love, Oatmeal Walnut Blueberry Bliss and Tuscan Sunshine Biscotti, to name a few. Gourmet, good-for-you and totally delicious, these baking mixes prove that desserts can be good for your health and tasty, too.

US \$5.95



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**JENNIFER LOVE HEWITT**